

- Services at 11:00 a.m..
- Our communion meal follows the service.
- 3rd Sundays Potluck

## CHURCH BOARD

### President

**Carol Gieseke**  
(2020)

### Vice President

**Jill Downs** (2019)

### Treasurer

**Mary Ann Marks**  
(2019)

### Trustees

**Harley Blake**  
(2019)

**Cindy Fritze**  
(2019)

**David Fritze**  
(2019)

**Barb Kollath**  
(2020)

(Term End Date)

### Mission Statement

LSICC is committed to spiritual growth by offering our congregation and our community a house of prayer and meditation, and to lighting a path to learning and empowerment.

### Correction:

**The income total for our annual book sale was \$621.**

# Higher Ground Newsletter

Lake Superior Interfaith Community Church

“Spiritual integrity through compassion, diversity and hope”

1414 East 9th Street, Duluth MN 55805 218-724-6554

## President's Letter

**To surrender to God means to let go and just love. By affirming that love is our priority in a situation, we actualize the power of God. We literally use our minds to co-create with Him. Marianne Williamson.**

A growing number of spiritual teachers are affirming that God is Love, that God is all there is and, therefore, that Love is all there is. Personally, I understand this to be about the spiritual, eternal level of our being. Yet, here in our physical, day-to-day lives love can seem difficult to practice or even to recognize.

*What is love?* How many ways can you define or explain it? The first thing that frequently comes to mind is the idea of romantic love. Then there is familial love ... and the love between friends ... and the “brotherly love” that exists between and among all of us.

We have, as one of our Principles, the Golden Rule: **Whatever you would that others should do unto you, do you also unto them.** I think the essence of this, the *content* of love, is to want only what serves another's highest good. The *form* of love varies greatly, from person to person, from one situation to another.

Love can feel nurturing and comforting, giving someone exactly what they are outwardly requesting. Love can also feel limiting or even harsh, as when we set boundaries -- like restraining a two-year-old who's kicking us in the shins. And sometimes, of course, love is letting go so that both parties can move on to their greater good, whatever that might be.

Here at LSICC we have love defined within our Bylaws and Constitution as follows:

**Lake Superior Interfaith Community Church grows through attraction by nourishing and affirming all persons in a supportive community. LSICC is committed to growth by offering our congregation and our community a house of prayer and meditation and to lighting the path to learning, healing, and empowerment.**

and

**LSICC endorses the following objectives:**

- diversity of thought and experience of humankind, including tolerance of the ideas of others;
- encouragement of broad cultural, individual and intellectual interests;
- sharing the literature and music of all spiritual traditions in educational programs, participatory Sunday services, and in fellowship; and
- providing opportunities for individual healing and growth in the form of workshops, lectures, groups, and private readings.

**LSICC believes that growth is an individual process. Spiritual Growth through self-understanding, healing and self-empowerment can best occur in an atmosphere of acceptance and mutual respect.**

We are incredibly blessed to be part of a community that practices these ideals. What could be more loving than to support one another in growing spiritually, intellectually and emotionally, at our own pace, trusting that God is leading each one of us on our perfect path? *Namaste.*

Gratefully yours, Carol Gieseke

**LSICC/HIGHER GROUND****ADVERTISING GUIDELINES****Business card size: \$12.00****1/4 page: \$20.00****1/2 page: \$40.00****Full page: \$70.00**

Please submit your copy in JPG format for ease in editing or as raw copy to be created by staff to fit the space.

Copy submission dates are noted in each issue (see below). Each issue covers two months, doubling your ad exposure.

Submit your payment to Lake Superior Interfaith Community Church at 1414 East 9th Street, Duluth, MN 55805

There is no charge for advertising events offered to the public free of charge.

Submit copy for next issue to:

Carol Gieseke at  
carol.gieseke@gmail.com

**Our estimated submission date is  
March 12th for the**

**April—May issue.**

Your Newsletter Staff :Steve Plasa-  
Production, Editor: *open position*

## It will soon be time for our Spring Rummage Sale & Fundraiser!

Friday, April 19<sup>th</sup>, 8-4,  
and Saturday, April 20<sup>th</sup>, 8-1

Each spring we empty our closets and attics in order to bring good quality items to church for 'recycling', and in the process we make money for our church: What a win/win!

- 1). Please do **not** bring: shoes or boots, large furniture, or technology — this includes any kind of phones, TV's, computers/laptops, printers or anything else in that category.
- 2). These items sell well for us: Yard and garden items (no mowers), dishes and glassware, linens (sheets, comforters, towels, tablecloths), jewelry, pictures, kitchen items, candles, clothing, holiday items, kids' stuff, antiques and collectibles.  
  
(Keep books, CDs and DVDs at home for our fall sale.)
- 3). All donations should be clean, complete, and 'desirable' - in other words, please don't bring anything that you wouldn't want to bring home if you were our customer.
- 4). We will need help to sort and price before the sale, and also need willing folks to work the day of the sale as well as help with clean-up, which always goes quickly.
- 5). As usual, the best time to drop off your donations will be the Sunday before the sale, 4/14, from 10:00-1:30.  
  
Please be aware that a donation may be declined if we feel that the item(s) are not suitable for our sale.
- 6). If you have any questions about our sale, please contact Jasmine at church or at jphoenix1@charter.net. Also, check our church Facebook page for information about days and times for sorting, pricing, and clean-up. Thank you in advance for your donations, work and support!

## *Sunday Lunches*

*Since Thanksgiving week-end, we've had a pot luck meal each Sunday. This has been an overall success, with some wonderful food offerings and lots of participation in the kitchen, especially after each meal.*

*We still need to build a Kitchen team. The team can decide among them how to schedule things so that someone opens the church each Sunday and gets the coffee going. They can also decide whether to continue weekly pot lucks or do something different.*

*Thanks to Jan Paulsich, who continues to coordinate our 3rd Sunday pot luck meals and has stepped in to help on several other Sundays as well ... and usually makes sure that there's enough food, and variety, to round out our pot luck offerings.*

*Board Trustees Cindy and David Fritze have offered to work on building the Kitchen team. If you can help with this in any way, please talk with them.*

## Speaker Information

**Feb 3 – David Fritze** – Dave writes “I am discovering that my specific ‘mission’ here on this Earth this go-around is to be a messenger. The main message coming to me currently is about the love of the Universe, of the Great Spirit for all things in and on and of our Earth. This is the relationship we are to strive to be in with one another and all of creation.”

**Feb 10 – Darci Griffith-Gamerl** – Darci plays oboe and English horn with the DSSO, shares lessons learned and her spiritual journey through her music with her life partner and cellist, David Downing.

**Feb 17 - Community Meeting –**

**Feb 24 - Gary Boelhower—Reflections on the Path –** Gary J. Boelhower, PhD, is professor of theology and religious studies at The College of St. Scholastica. He has taught at the secondary, undergraduate, graduate, and executive development levels; has administered educational programs for over 45 years; consulted with a broad range of organizations; given over a thousand professional presentations across the United States and in England, France, Spain, Canada and Mexico; and published scholarly articles, educational texts and poetry.

**Mar 3 – Rick Youmans – Spiritual Snowflakes** – spiritually speaking, we are each as unique as a snowflake. Rick will explore the idea of spiritual beliefs, how they evolve and where each of us grows from here. He has a 25-year history of studying and teaching new thought religious philosophy with Unity Churches and is accredited as a Certified Spiritual Educator by the Association of Unity Churches.

**Mar 10—Harley Blake –**

**Mar 17 – Pam Losasso – Dream It, Wish It, Do It** – Pam Losasso has been providing intuitive/spiritual consultations to others for over 22 years using angel guidance, Astrology, Numerology and other intuitive tools

**Mar 24 - Phyllis McCoy** – Phyllis writes, “A member of LSICC since 1987, I had no idea then what growth this church would encourage in me. Channeling since 1983, I am inspired to follow Spirit, to serve clients in person and on the phone, and to serve my church. It is an honor.”

**Mar 31 - Healing Service –**

**Speakers** are the anchors of our Interfaith community. They come in all shapes and forms to share their knowledge in ways that enlighten and inspire us to live our lives at a higher level. If you or someone you know has a story to share with us, please contact Carol Gieseke to be scheduled.

### March 31 Healing Service

The healing service offered on December 30 was well received. In response to feedback at the time, we’re planning to offer these services on a quarterly basis.

LGBTQ Elders

2nd Saturday

10 am—Noon

Northland Men’s Group

2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Saturday of the month at 1 p.m.

\*\*No Meeting February 9th,\*\*

### UNITY STUDY GROUP

Rick Youmans

**Sundays—6:00 - 7:30 p.m.** This group is for all people, whether you have a Unity background or are just curious about Unity. They are studying and discussing the positive, empowering spirituality of Unity. As in any Unity setting, all are welcome and encouraged to join them. A love offering, to be shared with LSICC, is taken to further the sharing of Unity principles.

# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 ACIM 10:30—Noon
3 Speaker— David Fritze  Unity Class 6:00-7:30 pm	4.	5	6.  Yoga 5-7 pm	7	8	9 LGBTQ Elders 10 am—Noon  ACIM 10:30—Noon
10 Speaker— Darci Griffith Gamerl  Board Mtg— 9:00  Unity Class 6:00-7:30 pm	11 <b>**Sing- along</b>  6:30-8:30 pm	12	13  Yoga 5-7 pm	14	15	16 ACIM 10:30—Noon  LGBTQ Pot Luck Noon—3:00
17 No Speaker <i>Community Meeting</i>  <i>Pot Luck</i>  Unity Class 6:00-7:30 pm	18	19	20  Yoga 5-7 pm	21	22	23 ACIM 10:30—Noon  Northland Men's Group 1 p.m.
24 Speaker— Gary Boelhower  Unity Class 6:00-7:30 pm	25	26	27  Yoga 5-7 pm	28		

**\*\* On Monday, February 11, from 6:30—8:30, Sue Hall and Linda Bray are offering an evening *sing-along*. Linda is a superb sight reader, so bring your favorite piece to sing a solo or share with the group.**

**ACIM (A Course in Miracles) meets at LSICC every Saturday from 10:30 a.m. to Noon**

***KITCHEN HELP MAKES A VITAL DIFFERENCE AT LSICC!***

# March 2019

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					1	2 ACIM 10:30—Noon
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10 Speaker— Harley Blake  Unity Class 6:00-7:30 pm	11	12	13	14	15	16  ACIM 10:30—Noon
17 Speaker— Pam Losasso *  <i>Pot Luck</i>  Unity Class 6:00-7:30 pm	18	19	20	21	22	23 ACIM 10:30—Noon  Northland Men's Group 1 p.m.
24 Speaker— Phyllis McCoy *  Unity Class 6:00-7:30 pm	25	26	27	28	29	30 ACIM 10:30—Noon  Northland Men's Group 1 p.m.
31 No Speaker  <i>Healing Service</i>  Unity Class 6:00-7:30 pm	31					

**\* MARCH WORKSHOPS**

**INTUITION: THE KEY TO SELF-EMPOWERMENT, with *Pam Losasso***

Introductory class on learning the things you can do now to develop your sixth sense that will heighten your awareness as to the events taking place in your life.

**SUNDAY, MARCH 17, 1:00 - 2:30. \$10.00: PAYABLE ON THE DAY OF CLASS (CASH ONLY)**

**THE NEW FACE OF CREATION, with *Phyllis McCoy***

Come, join us for a fresh look at Creation, the product of Evolution, and Innovations from *Archangel Michael*. Includes lecture, Q&A and meditation.

**SUNDAY, MARCH 24, 1:30 - 4:30. FREEWILL DONATION: \$20**

LAKE SUPERIOR INTERFAITH  
COMMUNITY CHURCH  
1414 E 9TH ST.  
DULUTH, MN 55805

To schedule events using church space,  
please contact Carol Gieseke in advance at  
218-728-3385 or  
Carol.Gieseke@gmail.com. Provide event  
details ... purpose, date/s, time/s and cost.

**Website:**  
***www.lsicc.org***

Speakers are subject to change. Please visit our web site calendar  
(LSICC.ORG) for the most up-to-date information!

## **FEBRUARY**

**Feb 3 - 11:00 a.m.**

**SPEAKER: David Fritze**

**Feb 10 - 11:00 a.m.**

**SPEAKER: Darci Griffith-Gamerl**

**Feb 17 - 11:00 a.m.**

**NO SPEAKER: COMMUNITY MEETING**

**Feb 24 - 11:00 a.m.**

**SPEAKER: Gary Boelhower**

## **MARCH**

**Mar 3 - 11:00 a.m.**

**SPEAKER: Rick Youmans**

**Mar 10—11:00 a.m.**

**SPEAKER: Harley Blake**

**Mar 17 - 11:00 a.m.**

**SPEAKER: Pam Losasso**

**Mar 24 - 11:00 a.m.**

**SPEAKER: Phyllis McCoy**

**Mar 31 - 11:00 a.m.**

**NO SPEAKER: HEALING SERVICE**

### **Sunday Announcements—(returning to an earlier practice)**

Anyone wanting to make an announcement on Sunday is asked to inform the President or Platform Leader before the service. Announcements about prayer requests and activities or events relating to the church can be made during the announcement portion of the service.

We ask that announcements about events in the greater community (concerts, classes, etc.) or marketing of products or personal services be made downstairs during lunch.

This will help to keep our church services focused on spiritual matters and will also help to manage the length of our services.