

Higher Ground Newsletter

Lake Superior Interfaith Community Church

"Spiritual integrity through compassion, diversity and hope."

1414 East 9th Street, Duluth MN 55805

- Service at 11:00 a.m.
- Our communion meal follows the service.
- 3rd Sundays Potluck

CHURCH BOARD

President

Carol Gieseke (2018)

Vice President

Jean Kwako (2017)

Treasurer

Jean Kwako

Secretary

Carol Gieseke

Trustees

Janet Buscko (2017)

Lisa Cerri (2018)

Open position (2017)

Jan Pavlisich (2017)

Jill Downs (2018)

Open position (2017)

Carol Kari (2018)

(Term End Date)

Mission Statement

LCICC is committed to spiritual growth by offering our congregation and our community a house of prayer and meditation, and to lighting a path to learning and empowerment.

President's Letter

We know that our world is in a time of change, expressing on many levels ... many have explanations and even predictions, regarding the "what" and the "why" of the changes and how they'll come about. As we've been sharing in our Sunday services for the past few weeks, LSICC is also in a time of change ... and again, what the changes are and how they'll come about remains to be seen. One of the changes we have been experiencing at LSICC is an ongoing difficulty with having a full Board of Trustees. Per our current Bylaws, we're required to have a President/Co-Presidents, a Vice President, and seven more Trustees, two of whom serve as Secretary and Treasurer.

While we don't know what the future will look like, we are responsible for doing the best we can in the present. *"Always remind yourself that you are living a mystery, not solving one."* (Carolyn Myss) Doing the best we can in the present, if we wish to continue as the LSICC we know, means two things: continuing to serve a spiritual community, and taking care of the "business" of our organization (managing our financial affairs and maintaining our property). In our years without a permanent minister, these have been the responsibility of our Board of Trustees and, especially, of our Board's officers.

Our church mission statement affirms: **LSICC is committed to spiritual growth by offering our congregation and our community a house of prayer and meditation, and to lighting the path to learning, healing, and empowerment.**

I continue to place my faith in God/Spirit/Source. Our church affirmation states it well: **We totally accept the belief that God is in charge of the affairs and direction of LSICC. We know that as our thoughts of trust and joyful anticipation join in harmony with the thoughts of all the members of this fellowship, we attract the right ministerial leadership to our spiritual community. WE ARE GRATEFUL.**

This affirmative prayer from *A Course In Miracles* (rephrased for our community instead of an individual), sums up the two statements for me: **We are here only to be truly helpful. We are here to represent Him Who sent us. We do not have to worry about what to say or what to do, because He Who sent us will direct us. We are content to be wherever He wishes, knowing He goes there with us. We will be healed as we let Him teach us to heal.**

(Continued on page 2)

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We cannot function without leaders who manage the affairs and direction of LSICC. I know that *every one of us is an essential piece of the puzzle that is our wonderful community*. I invite you to consider *your* place in the puzzle. How, *and even whether*, we choose to continue as LSICC is something we will decide together, either by our action *or* by our inaction.

Gratefully yours,
Carol Gieseke

Check out our WEBSITE for updates!
www.lsicc.org

Bluestone Zen Practice Community
Meets Saturday mornings

6:00 a.m.. and 9:00 a.m.

Zazen (sitting meditation) - 35 min., Kinhin (walking meditation) - 10 min., Zazen, Kinhin, Zazen, Break, Tea/snacks/Reading - 45 min., Clean up

For email notices write to drew.m.ande@gmail.com
or visit our Facebook page: <https://www.facebook.com/bluestonezen/>

Northland Men's Group
meets at LSICC
every Tuesday
6:30 p.m. to 8:30 p.m.

Kundalini Chakra Study
Wednesday's
5:30—6:40 P.M.

LET US KNOW HOW
YOU WOULD LIKE
TO BE OF SERVICE

A WORKSHOP

with

Archangel Michael

and

Phyl-EL

(Phyllis McCoy)

Saturday, Oct. 28

1 - 4

Lake Superior Interfaith Community Church

Michael has been busy on our behalf and offers us a view of Earth as she has been, as she is, and as she will be. Our discussion and meditation will also include in-depth process to create in a new dimension. We'll be so happy to see you there!

~ ~ ~ The \$25 fee is optional ~ ~ ~

LSICC/HIGHER GROUND
ADVERTISING GUIDELINES

Business card size: \$12.00
1/4 page: \$20.00 1/2 page: \$40.00
Full page: \$70.00

Please submit your copy in JPG format for ease in editing or as raw copy to be created by staff to fit the space. Copy submission dates are noted in each issue (see below). Each issue covers two months, doubling your ad exposure.

Submit your payment to Lake Superior Interfaith Community Church at 1414 East 9th Street, Duluth, MN 55805. There is no charge for advertising events offered to the public free of charge.

Submit copy for next issue to:
Coni Carter at sharp.coni36@gmail.com or
Carol Gieseke at carol.gieseke@gmail.com

Our estimated submission date is November 13
for Dec—Jan issue.

Your Newsletter Staff
Steve Plasa: Production
Editor: Coni Carter

Speaker Information

October 1 – Dr. James Ulness

Bio: A longtime professor of psychology at Concordia College in Moorhead, MN, Dr. Ulness developed a psychology in the light of spiritual science. His after-lunch talk will be "The Epistles of St. Paul more Deeply Understood". The more human souls grow into a waking consciousness supported by clarity of thoughts and their developing egos, the more they are dependent on consciously grasping the mysteries of Christianity. The reason for this is the present-day development of consciousness. It is important to learn about this. What does this mean for our everyday life?

October 8 – Oluwole Oriayo Topic- "An American African's Pilgrimage back to Africa through Ifa-Orisa"

BIO: Oluwole Oriayo-Shirdell Mattox-Simmons is the Executive Manager for the Center for American Indian and Minority Health at the University of Minnesota School of Medicine in Duluth, MN. She received her baccalaureate from California Institute for Integral Studies in San Francisco, CA, with a concentration in social justice. Mrs. Mattox-Simmons is a broadly trained community leader and has been an advocate for the expression of traditional spiritual and healing practices for years in underrepresented and underserved communities throughout the United States. Before joining the University of Minnesota, Mrs. Mattox-Simmons was on staff at Community Duluth as the first Community Health Worker in the organization's history. In her role, she fostered relationships and worked to educate some of the city's most frequently marginalized populations on health-related topics. She is trained in African-Centered modalities of grief counseling, well-versed facilitator of women's groups, a certified birthing doula, and Reiki practitioner. Whether it is traditional approaches to women's health or the practicing of indigenous African spirituality, she has embraced the need for people to reconnect themselves to their culture and the natural rhythms of their own physiology. She relocated to the Twin Ports community in Spring of 2017.

October 15 – Rick Youmans Topic- "We have everything we need to live the life of our highest dreams" ... Is this really true? If so, what makes it so, and what does this mean in our lives? Rick will lead us through an exploration of the spiritual aspects of the empowered self.

BIO: Rick has a 25-year history studying and teaching new thought religious philosophy with Unity Churches and is accredited as a Certified Spiritual Educator by the Association of Unity Churches.

October 22—Kim Luedtke

BIO: Kim is a trained intuitive who spends her work week as a Brain Wave Optimization Technician. The topic of her talk is yet to be determined, but she's always got her nose in a book so she'll probably report in on that. Right now she's reading, 'What Happened' by Hillary Clinton, 'Whatever Arises, Love That' by Matt Kahn and a Jodi Picoult novel about elephants. Kim loves to speak at LSICC because she always finds kindred spirits, laughter, and plenty of hugs there.

October 29 – Jennifer Shoals Topic- "We are the journey of our spirits walking the earth... "

Book signing after service.

BIO: Jennifer is a Spiritual Health Advocate. She is encouraging direct contact with the energy that moves our spirits on the path of being. Her work includes: book readings, channeled writing workshops, small discussion groups, inspirational presentations, and weddings and other private ceremonies.

November 5 –Jim Naus

November 12 — Gary Boelhower Topic- "The Three Calls of Justice"

Bio: Gary J. Boelhower, PhD, is professor of theology and religious studies at The College of St. Scholastica. He has taught at the secondary, undergraduate, graduate, and executive development levels and has administered educational programs for over 45 years, serving as executive director of the Center for Spirituality and Leadership, dean of life-long learning, dean of graduate studies and vice president for academic affairs. He has consulted with a broad range of organizations and has given over a thousand professional presentations across the United States and in England, France, Spain, Canada and Mexico. He has published scholarly articles, educational texts, and poetry. His recent books include *Naming Rites: Poems*, *Choose Wisely: Practical Insights from Spiritual Traditions*, *Mountain 10: Climbing the Labyrinth Within*, and *Marrow, Muscle, Flight: Poems* which won the Midwest Book Award.

November 19 — Rev. Sharon Captain Topic- "Falling in Love with Where You Are"

November 26 — TBD

Food & Health Education Group

Second Tuesday of each month. Events are free and open to the public.

(Good will donations are greatly appreciated!)

For more information contact Judy 651-231-1371 or Judy@WellnessRen.com

OCTOBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Speaker Dr. James Ulness	2	3 Northland Men's Group 6:30-8:30 p.m.	4 Kundalini Chakra Study 5:30-6:40 pm	5	6	7 Zen Meditation 6-9:30 am ACIM 10:30 am
8 Speaker Olueole Oriayo' BD Mtg 9:00 a.m.	9	10 Northland Men's Group 6:30-8:30 p.m. FOOD GROUP 6:30 p.m.	11 Kundalini Chakra Study 5:30-6:40 pm	12	13	14 Zen Meditation 6-9:30 am ACIM 10:30 am
15 Speaker Rick Youmans Pot Luck DSA 5:00 pm	16	17 Northland Men's Group 6:30-8:30 p.m.	18 Kundalini Chakra Study 5:30-6:40 pm	19	20	21 Zen Meditation 6-9:30 am ACIM 10:30 am
22 Speaker Rev. Kim Luedtke	23	24 Northland Men's Group 6:30-8:30 p.m.	25 Kundalini Chakra Study 5:30-6:40 pm	26	27	28 Zen Meditation 6-9:30 am ACIM 10:30 am Phyllis McCoy Workshop 1-4
29 Speaker Jennifer Shoals Annual Mtg - Elections	30	31 Northland Men's Group 6:30-8:30 p.m.				

ANNUAL MEETING—Part 2 Elections

Please note that our Annual Meeting—Part 1 was during the regular service on **September 17th**. To be eligible to vote, you must be a current member. You can claim (or renew) membership by completing a form and submitting it (via offering basket or mail) with a donation in the amount of your choice.



We'll be electing a new vice president (for a one-year term) and four board members (for two-year terms). In addition, we currently have an open position on the board that will run for another year.

LUNCH EVERY SUNDAY,

A reminder that we have a light lunch after our service each week, with the third Sunday each month being a potluck. This meal, prepared by volunteers, is our communion – a time for fellowship, conversation and bonding. If you'd like to help with meal preparation or clean-up, stop into the kitchen and they'll gladly put you to work.

NOVEMBER 2017

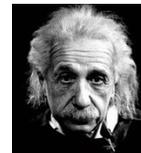
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Kundalini Chakra Study 5:30–6:40 pm	2	3	4 Zen Meditation 6–9:30 am ACIM 10:30 am
5 Speaker Jim Naus	6	7 Northland Men's Group 6:30–8:30 p.m.	8 Kundalini Chakra Study 5:30–6:40 pm	9	10	11 Zen Meditation 6–9:30 am ACIM 10:30 am
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19 Speaker Rev. Sharon Captain Pot Luck Jennifer Shoals Workshop. Channeled Writing 1:00–4:30 p.m. DSA 4 p.m.	20	21 Northland Men's Group 6:30–8:30 p.m.	22	23	24	25 Zen Meditation 6–9:30 am ACIM 10:30 am
26 Speaker TBD	27	28 Northland Men's Group 6:30–8:30 p.m.	29	30		

**ACIM
(A Course in Miracles)
meets at LSICC
every Saturday
from 10:30 am to Noon**



“A human being is a part of the whole called by us universe, a part limited in time and space. He experiences himself, his thoughts and feeling as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.”

Albert Einstein



LAKE SUPERIOR INTERFAITH
COMMUNITY CHURCH
1414 E 9TH ST.
DULUTH, MN 55805

To schedule events using church space,
please contact Carol Gieseke in advance at
218-728-3385 or
Carol.Gieseke@gmail.com. Provide, event
details ... purpose, date/s, time/s and cost.

Website:
www.lsicc.org

**Speakers are subject to change.
Please visit our web site calendar for the most up-to-date information!**

OCTOBER 2017

October 1- 11:00 a.m.

SPEAKER: Dr. James Ulness

October 8 - 11:00 a.m.

SPEAKER: Oluwole Oriayo'

October 15 - 11:00 a.m.

SPEAKER: Rick Youmans

October 22 - 11:00 a.m.

SPEAKER: Rev Kim Luedtke

October 29 - 11:00 a.m.

SPEAKER: Jennifer Shoals

Annual Meeting 2—Elections

NOVEMBER 2017

November 5 - 11:00 a.m.

SPEAKER: Jim Naus

November 12 - 11:00 a.m.

SPEAKER: Gary Boelhower

November 19 - 11:00 a.m.

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SPEAKER: TBD