Building Maintenance: You may have noticed some activity on our building around mid-September. We discovered our gutters were failing, so the board reviewed bids and authorized the expenditure of approximately $1200 to replace the system. As you know gutters are necessary to divert water from the building and to preserve the foundation.

Taking care of our building is one of the many jobs of your board of trustees throughout the year, and one of the places your generous donations go.
Board Election Results

In conjunction with the annual meeting, each fall we elect some new members to our board of trustees. Elected on Sept. 13th to two-year terms were: John Durward, Carol Gieseke, John Istad, and Robert Macomber. You may have noticed that J.D., John, and Carol were on the previous board, but since they were completing the terms of departed trustees, they were eligible to run in their own right.

Our new vice-president, elected to a one-year term, is Sharon Manns Captain.

We want to express our thanks to outgoing board members for their service to our community: Lisa Cerri, Sharon Gustafson, Carol Northcott, and Adam Sippola.

Annual Meeting Report

As required by our bylaws, we hold an annual business meeting each year. At that time, the board reports to the membership on finances, activities, and any other pertinent business.

On Sept. 13, co-presidents Jean Captain and Jasmine Phoenix reported to our community that our financial situation is stable, and that we are using our website, www.lsicc.org, for most of our calendar and communication needs.

It was also reported that several suggested revisions to our bylaws be considered. Our bylaws are essentially the binding guidelines which every board must follow while dealing with the operation of our church.

The most significant change put forth was the concept that the membership, not the board alone, make considered changes to the bylaws. The board felt that for both transparency and fairness, our whole spiritual community should be allowed to consider changes to our governing principles.

We are happy to report that the proposed changes to the bylaws passed with a majority vote. Thanks to all who attended and participated in this important annual event.

A COURSE IN MIRACLES

There is a group meeting every other Saturday from 10:30 to Noon in the LSICC Meditation Room to read and discuss A Coarse In Miracles. All are welcome.

We will be meeting on October 3rd, 17th & 31st and on November 14th & 28th.

Feel free to just show up or call Carol (218/728-3385) for more information.
Lake Superior Interfaith Community Church

We are fortunate to have a variety of speakers for our Sunday services. By using guest speakers, we gain wisdom from all those who share.

This is a church where we can worship the God of our understanding. A place to experience joy and being uplifted. A place where we can gain strength and inspiration to share with all we meet throughout the week.

We invite you to join us in this celebration of life, to nourish your spirit and to enjoy the company of kindred souls.

Please see our wonderful website, www.lsicc.org

Book Sale October 10th!

Our (expanded) fall Book Sale will be Saturday, October 10th, from 9:00-3:00.

This year, we are looking for donations of:

Books of all kinds: fiction, non-fiction, spiritual and self-help, etc.

CDs and DVDs: any artist or genre.

Spiritual items, including drums, crystals and stones, candles, jewelry, statues, icons, etc.

And, new this year: Art and frames. Thanks to yet another generous donation from Carol Northcott, we will have many nice frames and some pictures/art to sell. So if you have any of these items to donate, they would be most welcome!

Please do not bring: Textbooks, encyclopedias, magazines, or anything with a musty/moldy odor.

If you have any questions about what is appropriate to donate, please see Carolyn or Jasmine at church.

The best time to drop off your donations will be Sunday, October 4th, from 10:00-2:00. We will be coming in during the week to sort and price, and will let you know those dates as we get closer to the sale.

Thanks in advance for your time and donations. All proceeds benefit our church.

Amy Nakamura
Intuitive Energy Healing

If you are interested in quickly improving your health, relationships, career or addressing trauma now is the time to set up your appointment.

Text or Call: 218-590-0088
E-mail: aknak1@gmail.com
Bluestone Zen Practice Community
Zazen Meditation:
Thursday 6:30 p.m.
Saturdays 6:30 a.m. to 8:05 a.m.
Buddhist Foundation Courses
Please visit www.bluestonezen.com
For course information and schedules.
or call 218-348-0428.

Bodhicitta Sangha Group
Meets at LSICC on
Saturdays 9-11 A.M.
Mondays 6-8 P.M.
For meditation and discussion

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Food & Health Education Group
Meeting at LSICC
6:30 – 8:00 PM
Second Tuesday (Of most months)
October 13: Dr. David Perimutter M.D. (Video and Discussion) Brain Change
Gluten: A Danger to Your Brain and Unlocking Your DNA to Build a Better Brain, (continuing our journey through the Brain Change DVD series)
November 10: Judy Breuer CHS
Toxins – Let’s Lighten Your Load!
TOXINS! They seem to be EVERYWHERE! We’ll learn where we can make small changes to avoid and decrease big toxins in our daily lives. We really can lessen the burden our body has to handle.
Events are free and open to the public. Donations are greatly appreciated.
For more information contact
Judy  651-231-1371
Judy@WellnessRen.com

Are you looking for an opportunity to be of service? ?? The kitchen crew can always use an extra hand when they are preparing our communion meal, setting it up or cleaning up afterwards. Or if you would like to prepare a meal – check with them!!!
### October 2015

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<th>Sun</th>
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|      |      | 4 Speaker: Dr. James Ulness  
Healer: Sue Brewer | 1            | 2            | 3 Zen Med 6-8.05 Bodhicitta Sangha  
9:00 a.m. ACIM 10:30 a.m. |      |                          |
| 4    | 5    | 6:00 p.m. Bodhicitta Sangha | 6            | 7            | 8 6:30 p.m. Bodhicitta Sangha  
9:00 a.m. ACIM 10:30 a.m. |      |                          |
| 11   | 12   | 13 6:30 p.m. Food & Health Education Group | 14 6:30 p.m.  
G.A. | 15 6:30 p.m. Zen Meditation | 16 |                          |
| 18   | 19   | 20 6:30 p.m. Zen Meditation | 21 6:30 p.m.  
G.A. | 22 6:30 p.m. Zen Meditation | 23 |                          |
| 25   | 26   | 27 6:30 p.m. Zen Meditation | 28 6:30 p.m.  
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### November 2015

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LAKE SUPERIOR INTERFAITH
COMMUNITY CHURCH
1414 E 9TH ST.
DULUTH, MN 55805

To schedule church events please contact Jasmine Phoenix 218-724-6554 and submit a written proposal with dates and times.
jphoenixl@charter.net

Website: www.lsicc.org

Speakers are subject to change, please visit our website www.lsicc.org for the most up-to-date information!

<table>
<thead>
<tr>
<th>OCTOBER, 2015</th>
<th>NOVEMBER, 2015</th>
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<tbody>
<tr>
<td>October 4, 11 a.m.</td>
<td>November 1, 11 a.m.</td>
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<tr>
<td>SPEAKER: Dr. James Ulness</td>
<td>SPEAKER: TBD</td>
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<td>October 11, 11 a.m.</td>
<td>November 8, 11 a.m.</td>
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<td>SPEAKER: TBD</td>
<td>SPEAKER: Sara Thompson</td>
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<td>October 18, 11 a.m.</td>
<td>November 15, 11 a.m.</td>
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<td>SPEAKER: Cindi Gisborne</td>
<td>SPEAKER: Rev Sharon Szukis</td>
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<td>October 25, 11 a.m.</td>
<td>November 22, 11 a.m.</td>
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<td>SPEAKER: Kristi Marie Nur Jehan Christi</td>
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<td>November 29, 11 a.m.</td>
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<td>SPEAKER: TBD</td>
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